

THE 7 WARNING SIGNALS OF CANCER

INTRODUCTION

In no other disease does a person have such power to determine the outcome for himself as in cancer. To a large measure the responsibility for detection of cancer in an early localized stage, when modern treatment can give the most hopeful results, rests with the person affected.

- 1. Unusual bleeding or discharge. 2. A lump or thickening in the breast or elsewhere. 3. A sore that does not heal. 4. Change in bowel or bladder habits. 5. Hoarseness or cough. 6. Indigestion or difficulty in swallowing. 7. Change in wart or mole.

WARNING SIGNAL NO. 7: Change in a Wart or Mole

Warts or moles of the skin are extremely common conditions. Almost every person has one or more of these skin blemishes somewhere on his body.

Preventive surgical removal, however, of benign brown moles is recommended for those which occur on soles, palms and external sex organs.

Therefore, changes in a benign mole should be heeded at once because they may indicate a cancerous development.

What changes in a benign mole must one look out for? What changes in a mole should put a person on the alert to consult his physician without delay for the possibility of a cancerous development?

- 1. Enlargement. 2. Darkening of color. 3. Spreading of border. 4. Redness of surrounding skin. 5. Scaling with itching. 6. Ulceration. 7. Surface bleeding. 8. Crusting.

REMEMBER: Nearly all moles remain benign for life and pose no cause for alarm. Preventive surgical removal may be used for certain types of moles in certain places of the body subject to certain injury or irritation.

Edmeston Paul Lampron is visiting his brother in California. Chester Kopezenski, who was injured last Thursday while working in the woods, was taken to Dr. Phelps for treatment, who sent him to M. I. B. Hospital, Cooperstown, for further treatment.

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home from Fox Hospital, Oneonta. Mrs. David Craine and daughters of Rochester visited Mrs. Wesley Bowen and Mrs. Eugene Howard last week. Mrs. Agnes Houk and Mrs. Alice Keith of Syracuse were Friday guests of Mr. and Mrs. Larry Houk at Norwich.

East Worcester Mr. and Mrs. Hilton Brown and family were the recent weekend visitors at Lt. and Mrs. William Kemp in Oxon Hill, Md. Kenneth Traub, who was a surgical patient at the Fox Hospital, Oneonta, has returned home.

BARBARA ORMSBEE Barbara Pauline Ormsbee, aged 2 of Farmwell, Conn. died February 15 at her home. Funeral services were held at 2 p. m. Saturday at the Skinner Funeral home, Worcester.

MORRIS What has been known as The Dimmock Hollow Telephone Company, of Morris-South New Berlin, now owned by the Chenango and Unadilla Telephone Company of Norwich, cut over at 12:01 a. m. Sunday, February 19 to the Dial System.

OFFICERS NAMED The Morris Branch of the American Red Cross, held their annual meeting, Tuesday, January 31 at the Town House. Eight members, one guest, and Lynn Van DeBoe, Branch Representative, were present.

Ed Pickens, Morris was 89 years young on February 19. Mr. and Mrs. Robert Hand are parents of a son, David Scott.

MORRIS BROWNIES The Morris Brownie Troop 70 have been busy during the past few weeks. The second year Brownies have been making doll furniture, out of plastic containers and decorating them with scrap materials and sewing items.

First year Brownies were treated by a visit from Andrea Gregory, a second year Brownie, who told them about day camp and demonstrated how to make a "Sit-Upon" out of newspaper.

REMEMBER THOSE YOU LOVED WITH A MEMORIAL GIFT TO THE AMERICAN CANCER SOCIETY

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